

JUDO PRACTICE SCHEDULE

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SUNDAY	2:00PM -3:00PM 3:00PM -5:00PM	BROWN BELT CLASS HAWAII UNITED INTER-CLUB COMPETITION PRACTICE (GIRLS)	
MONDAY	6:00PM -7:30PM	OPEN MAT PRACTICE	
TUESDAY	6:00PM -7:30PM	MIDDLE & HIGH SCHOOL CLASS	
WEDNESDAY	5:00PM -6:00PM 6:00PM -7:30PM 7:30PM - 9:00PM	K-6TH GRADE CLASS TEENS & ADULTS CLASS OPEN MAT PRACTICE	MASKS REQUIRED MASKS REQUIRED
THURSDAY	6:00PM -7:30PM	MIDDLE & HIGH SCHOOL CLASS	
FRIDAY	4:00PM -5:00PM 5:00PM -6:00PM 6:00PM -7:30PM 7:30PM - 9:00PM	ADAPTIVE JUDO CLASS K-6TH GRADE CLASS TEENS & ADULTS CLASS MIDDLE & HIGH SCHOOL CLASS	MASKS REQUIRED MASKS REQUIRED
SATURDAY	7:15AM -8:30AM 9:00AM -11:00AM	NAGEKOMI PRACTICE OPEN MAT PRACTICE	